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The One Earth Herbal Sourcebook not only lives up to its lofty name, I feel it surpasses it. Alan educates the reader to the basics of good and safe herbal usage and then goes on to discuss in clear easy to understand terms the subtleties of western, Ayurvedic and Chinese botanical medicine.

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Alan Tillotson is an experienced herbalist and independent thinker whose One Earth Herbal Sourcebook is useful for professionals and educated consumers alike. Trained extensively in Traditional Ayurvedic Medicine in Nepal, Tillotson draws upon a sophisticated herbal repertoire in dealing with MS, ophthalmologic conditions, hepatitis C,

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This website was designed by Registered Herbalist Alan Tillotson in Delaware, author of The One Earth Herbal Sourcebook, as a resource and learning tool designed for physicians, health care

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About the Author. Alan Keith Tillotson  
Registered herbalist and Oriental  
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